



Disaster Supply Checklist

Water

___ Store one gallon of water per person per day (2 quarts for drinking, 2 quarts for food preparation/sanitation). Keep a three-day supply for each person in your household.

Food

- ___ Ready-to eat canned meats, fruits and vegetables, juices, milks, soups
- ___ Staples—sugar, salt, pepper
- ___ High energy foods—peanut butter, jelly, crackers, granola bars, trail mix
- ___ Vitamins
- ___ Foods for infants, elderly persons or those on special diets, pet food
- ___ Comfort/stress foods, cookies, candies, instant coffee, tea bags, cereal

Tools and Supplies

- ___ Battery operated radio and extra batteries
- ___ Cell phone with charger
- ___ Flashlights with extra batteries
- ___ Cash
- ___ Paper or plastic utensils, plates
- ___ Non-electric can opener, utility knife
- ___ Pliers, wrench
- ___ Aluminum foil, plastic storage containers
- ___ Paper, pencil, tape
- ___ Matches in waterproof container
- ___ Map of area
- ___ Plastic sheeting
- ___ Sanitation supplies including toilet paper, soap, liquid detergent, feminine supplies, personal hygiene items
- ___ Plastic bucket, garbage bags, disinfectant, household bleach

First Aid Kit

- ___ Sterile adhesive bandages, 2” and 4” gauze pads, hypoallergenic adhesive tape
- ___ Sterile roller bandages/ace wraps
- ___ Scissors, tweezers, needles, safety pins
- ___ Moistened towelettes, antiseptic, cleansing soap, sunscreen
- ___ Thermometer, tongue blades
- ___ Petroleum jelly or other lubricant,
- ___ Latex gloves
- ___ Non-prescription drugs including aspirin or non-aspirin pain reliever, anti-diarrhea med, antacid, laxative, syrup of Ipecac (if advised by Poison Control Center)

Clothing and Bedding

- ___ Sturdy shoes/work boots
- ___ Rain gear, hat and gloves
- ___ Blankets, sleeping bags, pillows
- ___ Sun glasses
- ___ Thermal underwear
- ___ One complete change of clothing per person

Special Items

- ___ Baby supplies such formula, diapers, bottles, medications
- ___ Pet supplies, including food, medications
- ___ Extra glasses, contact lenses, denture needs
- ___ Entertainment (books, games)

*Important family documents should be kept in a waterproof, portable container, These include insurance policies, passport, birth & death certificates, account numbers, inventory of valuable household goods.