

# Joy in the Journey

“You show me the path of life. In your presence there is fullness of joy... .”

Psalm 16:11



Lutheran  
Services Carolinas  
**Senior Services**  
**Sunday 2017**

Lutheran Services Carolinas is blessed to serve older adults and caregivers in North Carolina. Every day is an opportunity to walk with these individuals and bring joy to their lives. Sometimes this joy is group outings, exercise classes, Bible studies, and art programs. Through these life-enriching activities, older adults are forming friendships and discovering new talents. Other times, joy is a comforting word or a quiet moment when caregivers can rest knowing that their loved one is receiving personalized care from an LSC staff member.

Nearly 4,000 older adults and caregivers found joy in their journey through LSC in 2016. Take time to reflect on the words of Psalm 16:11 and consider ways in which you can join in sharing joy with those in your own church and community. To learn about the work LSC does or for information on ways to support LSC's senior services ministry, please visit [LSCarolinas.net](http://LSCarolinas.net).

Thank you for your continued prayers, volunteer work, and donations. In 2016, your LSC senior services ministry was able to:

- **Provide 3,155 seniors with care** through assisted living, skilled nursing, rehabilitation, and independent living services.
- **Support nearly 600 caregivers and older adults** through referrals, information, or assistance programs.
- Care for **188 seniors within their own homes**.
- Prepare for **expansion and improvements** on the Trinity Oaks campus in Salisbury to include more private rooms at health and rehab and enhanced assisted living options.
- **Renovate and improve** the entrances at Trinity Oaks, Salisbury and at Trinity Place, Albemarle, adding beauty and function to the buildings. Trinity Place also saw a major therapy expansion and upgrades to living and dining areas.
- Develop plans for Trinity Landing, a **new waterfront independent living** community in Wilmington.
- Host **events and conferences** across the state that offered activities, resources, and support for caregivers and the community.

## LSC Senior Services

- **Adult Day Services** (*Salisbury*)
  - **Care Management and Caregiver Support** (*Statewide*)
    - **Home Care** (*Currently available in Rowan County*)
      - **Senior Living Communities** (*Albemarle, Arden, Clemmons, Hickory, Salisbury, Wilmington, and Winston-Salem*)

  
LUTHERAN  
SERVICES  
CAROLINAS

LSCarolinas.net  
1-800-HELPING